



## Information & Directions to Physical Therapy

KORT is a private practice physical therapy group specializing in orthopedics, sports and industrial medicine. KORT provides premier sports medicine coverage and cutting-edge educational and prevention services to local schools and community groups. The foremost provider of sports medicine services for over 15 years, KORT currently serves 25 Kentucky and Indiana high schools and universities, across Louisville, Lexington, central Kentucky, and Southern Indiana. For more information, call us toll-free at 1-800-645-KORT.

- ✓ Sports Rehabilitation and Orthotics
- ✓ On-Site Treatment (Athletic Training Coverage)
- ✓ Physical and Occupational Therapy
- ✓ Injury Prevention Programs
- ✓ Nutritional Counseling
- ✓ Personal Training
- ✓ Educational Seminars
- ✓ Free 20-minute Sports Injury Screenings for Athletes of All Ages
- ✓ Pre-Season Sports Physicals and Screenings
- ✓ Sports CPR and First Aid Training

### Southern Indiana Locations

#### New Albany Location

KORT New Albany is conveniently located on the southeast corner of the intersection of Grant Line Road and I-265/ Lee Hamilton Hwy. (next to Heavenly Ham, Pacers and Racers, and directly across from the BMV). Our team offers personalized, individualized treatment in an encouraging and upbeat atmosphere at our spacious, ground-level clinic. **Debbie Bolt PT, MSPT** specializes in orthopedic rehabilitation and is committed to partnering with you on your road to recovery. She earned her degree in physical therapy in 2003 from Florida International University and is currently preparing for board certification.

**Hours:**

Mon – Fri: 7 am – 6 pm  
3602 Northgate Court, Suite 15  
New Albany, Indiana 47150  
PH 812-944-1377  
Fax 812-944-1458

**FROM IUS:** Turn right out of the campus. Go over I-265 and turn left at the first street (before Mount Tabor Road)

#### Jeffersonville Location

Jeffersonville Physical Therapy is a 2,100 square foot outpatient orthopedic facility. We are located at 1725 E. 10th St. (Hwy 62), approximately 2 miles northeast of I-65 off exit 1, in Jeffersonville, IN. We specialize in the treatment of general orthopedic, spinal, neurological, and sports related conditions and offer services including: FCE, EMG study/NCV test, vestibular rehab, fibromyalgia, anodyne, work hardening/work conditioning using the latest in evidence based manual therapy techniques.

**John Stivers, PT, DPT** is the Clinic Director. He earned his Doctor of Physical Therapy degree from Bellarmine University and has a BS degree in Biology from Centre College. He joined our Jeffersonville team in 2008. His interests include post-operative care and sports medicine. He is an active member of the American Physical Therapy Association (APTA).

**Hours:**

Mon. – Fri: 8:00 am – 5:00 pm  
1725 East 10th Street Suite F  
Jeffersonville, Indiana 47130  
PH 812-218-8257  
Fax 812-218-8259

**FROM IUS:** Take I-265 east. Go past I-65 until the Jeffersonville exit. Get off the Jeffersonville exit and go about 2 miles. Clinic is on the right next to AutoZone.

### Patient Information Forms

<http://www.kort.com/forms.asp>